

Utah Approved Career Ladder Courses

(May 25, 2017)

Utah's CAC Agencies

Utah State University: 800-670-1552
Weber State University: 888-970-0101
Salt Lake Children's Service Society: 800-839-7444
Utah State University Eastern: 888-637-4786
Utah Valley University: 800-952-8220
Five County Association of Governments: 800-543-7527



Credit Type

Career Ladder Level 1	Career Ladder Levels 2-3	Career Ladder Levels 5-8
BCD- Basic Child Development H- Health S- Safety	ACD-1 Learning Environment ACD-2 Physical & Intellectual Development ACD-3 Social & Emotional Development ACD-4 Working with Families ACD-5 Program Management ACD-6 Professionalism ACD-7 Observing & Recording ACD-8 Child Development	SP- Specialty Courses Endorsements: SP-E1 Infant and Toddler SP-E2 School Readiness SP-E3 Special Needs SP-E4 Center Director's SP-E5 Family Child Care SP-E6 Guidance and Emotional Wellness SP-E7 School Age SP-E8 Relationship Touchpoints SP-9 Theories and Best Practice SP-10 Developing Your Child Care Business DC- Demonstrated Competency

Career Ladder Level Credit	Career Ladder CDA Credit Type	Career Ladder Course Title	Career Ladder Course Description	Number of Hours	Taught By	Template ID (office use only)
Level 1	BCD	Child Development: Ages and Stages- Revised 2010	In this course participants learn about typical developmental milestones for infants, toddlers, preschoolers, and school age children. Participants also learn basic strategies for working with each of these age groups of children.	10	CAC Agencies	287
Level 1	H, S	Child Development: Healthy Care- Revised 2011	In this course participants will learn about child care health and safety issues. Topics include: communicable diseases, SIDS, shaken baby syndrome, child abuse and neglect, injury prevention, emergency procedures, nutrition, sick children, and medication administration.	10	CAC Agencies	297
Level 1	BCD	Child Development: Learning in the Early Years- Revised 2010	In this course participants explore how young children learn and develop. Areas of focus include: brain development, learning through play, supporting social and emotional development, and positive guidance.	10	CAC Agencies	287
Level 2 or 3	ACD-1	A Great Place for Kids! Creating Positive Learning Environments- Revised 2008	In this course participants learn how to set up center and home-based child care programs to encourage play, exploration, and learning. Information is included on spaces and materials for block play, dramatic play, puzzles, games, books and literacy activities, art, sensory play, and outdoor play.	10	CAC Agencies	211
Level 2 or 3	ACD-2	Strong and Smart: Physical & Intellectual Development	In this course participants learn practical ways to promote young children's physical, cognitive, language, and creative development in age-appropriate play and learning activities.	10	CAC Agencies	5

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Level 2 or 3	ACD-3	Learning to Get Along: Social & Emotional Development	In this course participants learn effective strategies for supporting young children's social and emotional development. Areas of focus include: fostering self-esteem and independence, learning to get along in a group, and behavioral guidance.	10	CAC Agencies	6
Level 2 or 3	ACD-4	Working Together: Productive Relationships with Families	In this course participants learn effective strategies for establishing and maintaining open and positive relationships with each child's family, encouraging family involvement in the child care program, and supporting each child's relationship with his or her family.	10	CAC Agencies	9
Level 2 or 3	ACD-5	Creating Good Child Care: Effective Program Management- Revised 2008	In this course participants learns strategies for ensuring effective program operation, including program planning, organization, record keeping, and legal issues such as licensing, liability and insurance, custody issues, the Americans with Disabilities Act, and dealing with suspected abuse and neglect. Please note: Session 4 includes a detailed presentation about child abuse, including physical and sexual abuse, and neglect. This content may be triggering for some participants.	10	CAC Agencies	285
Level 2 or 3	ACD-6	More Than Babysitting: Professionalism in Child Care- Revised 2008	In this course participants learn how to make informed decisions based on standards for best practices, utilize opportunities for individual professional growth, and contribute to the early childhood field.	10	CAC Agencies	280

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Level 2 or 3	ACD-7	Looking to Learn: Observing & Recording young Children's Behavior- Revised 2008	In this course participants learn effective tools and strategies for gathering and using observational information about children. Areas of focus include: learning to observe children accurately and objectively, observation tools and goals, overcoming obstacles to observation, and interpreting and using observation data.	10	CAC Agencies	368
Level 2 or 3	ACD-8	Advanced Child Development: Development of Young Children- Revised 2008	In this course participants learn basic principles and theories of child development, and how this knowledge can influence their day-to-day work with children. Participants will be introduced to the theories of Maslow, Erikson, Montessori, Piaget, Vygotsky, Kohlberg, Gilligan, and behaviorism.	10	CAC Agencies	282
Level 5-8 Endorsement	SP-E5	Family Child Care, Course 1:	In this family child care course participants learn skills to help them develop the foundations of a quality home child care program. Areas of focus include: building trusting and respectful relationships with children and families, communication skills, and positive guidance.	10	CAC Agencies	20
Level 5-8 Endorsement	SP-E5	Family Child Care, Course 2: The Home Child Care Environment- Revised 2013	In this family child care course participants learn practical aspects of setting up a quality home child care program. Instruction will focus on: arrangement of indoor and outdoor space; health, safety, and supervision; schedules, routines, and how to support child-directed activities.	10	CAC Agencies	303 Spanish 306

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Level 5-8 Endorsement	SP-E5	Family Child Care, Course 3: Developmental Learning Goals & Activities	In this family child care course participants learn methods of supporting the developmental needs of children in the areas of: social and self-awareness; physical, cognitive, and language development; and creativity. Emphasis will be placed on working with children in mixed-age groups.	10	CAC Agencies	22
Level 5-8 Endorsement	SP-E5	Family Child Care, Course 4: Professional & Business Practices- Revised 2012	In this family child care course participants learn how to set up and maintain a professional home child care business. Emphasis will be placed on ethical behavior, contract development, record keeping, taxes and marketing a home child care program.	10	CAC Agencies	205
Level 5-8 Endorsement	SP-E6	Guidance & Emotional Wellness, Course 1: Healthy Caregivers	In this course participants will be introduced to the Guidance and Emotional Wellness Pyramid and the Circle of Security. They will learn about concepts developed by CSEFEL (Center for Social Emotional Foundations for Early Learning). They will learn why healthy caregivers are vital to the support of children's social/emotional development, and how to be aware of, and care for, their emotional well-being.	10	CAC Agencies	197 Spanish 256

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Level 5-8 Endorsement	SP-E6	Guidance & Emotional Wellness, Course 2: Foundations of Emotional Wellness	In this course participants will learn about the importance of developmental theory to guidance and emotional wellness. They will learn about additional concepts developed by CSEFEL (Center for Social Emotional Foundations for Early Learning). They will learn that building healthy relationships and creating supportive environments are the cornerstones of helping children succeed socially and emotionally.	10	CAC Agencies	197 Spanish 195
Level 5-8 Endorsement	SP-E6	Guidance & Emotional Wellness, Course 3: Promoting Social Emotional Competence	In this course participants will continue to learn about concepts developed by CSEFEL (Center for Social Emotional Foundations for Early Learning). They will explore development of positive teaching strategies for working with infants, toddlers, preschool children, and school-age children. They will also learn how doing observation and documentation supports healthy social/emotional development.	10	CAC Agencies	194

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Level 5-8 Endorsement	SP-E6	Guidance & Emotional Wellness, Course 4: Social Emotional Teaching Strategies	In this course participants will continue to learn about concepts developed by CSEFEL (Center for Social Emotional Foundations for Early Learning). They will learn about techniques, called Positive Behavior Supports, to help children with behavior issues. They will discuss the meaning of children's challenging behavior, and learn how to develop a support plan. They will also learn about the caregiver's role in supporting children with serious emotional disorders.	10	CAC Agencies	200 Spanish 201
Level 5-8 Endorsement	SP-E1	Infant Toddler, Course 1: Infants & Toddlers in Child Care	In this course participants explore issues to be considered when setting up for infant and toddler care. Areas of focus include: primary caregiving, group size, continuity of care, the physical environment, daily routines, and respectful caregiving.	10	CAC Agencies	208 Spanish 363
Level 5-8 Endorsement	SP-E1	Infant Toddler, Course 2: Social Emotional Growth & Development	In this course participants learn about the emotional and social development of infants and toddlers. Areas of focus include: temperaments, responsive caregiving, and the caregiver's role in fostering emotional development, socialization, and guidance.	10	CAC Agencies	13

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Level 5-8 Endorsement	SP-E1	Infant Toddler, Course 3: Learning in Infancy & Toddlerhood	In this course participants explore how infants and toddlers learn. Areas of focus include: cognitive discoveries of infancy, the role of the caregiver in supporting learning, stages of infancy, and language development.	10	CAC Agencies	311 Spanish 309
Level 5-8 Endorsement	SP-E1	Infant Toddler, Course 4: Working with Families of Infants & Toddlers	In this course participants explore positive ways to work with the families of the children in their care. Areas of focus include: partnerships, sharing the care, and how to be aware of, and sensitive to, cultural differences.	10	CAC Agencies	319
Level 5-8 Endorsement	SP-E8	Relationship Touchpoints, Course 1: The First Year- Prenatal to 12 Months	This course, based on the work of Dr. T. Berry Brazelton, focuses on understanding the developmental “Touchpoints” of the prenatal through 12 months age and supporting the child’s development at day care and at home. Instruction will include the “Touchpoints” principles & assumptions that strengthen relationships between providers and parents and the parents and child. This training emphasizes the implementation of reflective practice strategies to enhance current and future child care practices. Course 1 is a prerequisite for all other Touchpoints courses.	10	CAC Agencies	46

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Level 5-8 Endorsement	SP-E8	Relationship Touchpoints, Course 2: Toddlers 1-2 Years	This course, based on the work of Dr. T. Berry Brazelton, focuses on understanding the developmental "Touchpoints" of the one-two year old and supporting the child's development at day care and at home. Instruction will include the "Touchpoints" principles & assumptions that strengthen relationships between providers and parents and the parents and child. This training emphasizes the implementation of reflective practice strategies to enhance current and future child care practices. Course 1 is a prerequisite for all other Touchpoints courses.	10	CAC Agencies	47
Level 5-8 Endorsement	SP-E8	Relationship Touchpoints, Course 3: Preschoolers 3-4 Years	This course, based on the work of Dr. T. Berry Brazelton, focuses on understanding the developmental "Touchpoints" of the 3-4 year old and supporting the child's development at day care and at home. Instruction will include the "Touchpoints" principles & assumptions that strengthen relationships between providers and parents and the parents and child. This training emphasizes the implementation of reflective practice strategies to enhance current and future child care practices. Course 1 is a prerequisite for all other Touchpoints courses.	10	CAC Agencies	48

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Level 5-8 Endorsement	SP-E8	Relationship Touchpoints, Course 4: School Age 5-6 Years	This course, based on the work of Dr. T. Berry Brazleton, focuses on understanding the developmental "Touchpoints" of the 5-6 year old and supporting the child's development at day care and at home. Instruction will include the "Touchpoints" principles & assumptions that strengthen relationships between providers and parents and the parents and child. This training emphasizes the implementation of reflective practice strategies to enhance current and future child care practices. Course 1 is a prerequisite for all other Touchpoints courses.	10	CAC Agencies	49
Level 5-8 Endorsement	SP-E7	School Age, Course 1: School Age Development	In this course participants will gain a basic knowledge of child development during the school age years and how they can apply this knowledge in their work with school age children.	10	CAC Agencies	272
Level 5-8 Endorsement	SP-E7	School Age, Course 2: Behavior & Positive Guidance	In this course participants will learn the effect of positive relationships on behavior of school age children. They will learn how to set up environments to optimize positive interactions and the how to create behavior support strategies using observation.	10	CAC Agencies	167
Level 5-8 Endorsement	SP-E7	School Age, Course 3: Relationships & Management	In this course participants will learn about communication and the role that it plays with school age children, families, school/program administration and the community at large. They will also learn about the administration of programs and professional development.	10	CAC Agencies	166

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Level 5-8 Endorsement	SP-E7	School Age, Course 4: Expanded Learning Opportunities	In this course participants will learn about creating an emergent curriculum for school age children. They will also learn about the role of evaluations and core standards in afterschool programs, as well as leadership and community outreach.	10	CAC Agencies	229
Level 5-8 Endorsement	SP-E2	School Readiness Standards, Course 1: English Language Arts	In this course, based on Utah's Early Childhood Core Standards, participants will learn how to effectively and appropriately foster preschooler's language and early literacy development for school readiness. Areas of focus include: phonological awareness, letter knowledge, concepts of print, early writing, and receptive/expressive language development.	10	CAC Agencies	258
Level 5-8 Endorsement	SP-E2	School Readiness Standards, Course 2: Mathematics	In this course, based on Utah's Early Childhood Core Standards, participants will learn how to effectively and appropriately foster preschooler's early math and science skills for school readiness. Areas of focus include: concepts of number and counting, shapes, spatial relations, patterning, sorting, comparing, and measurement.	10	CAC Agencies	259
Level 5-8 Endorsement	SP-E2	School Readiness Standards, Course 3: Social Emotional Development	In this course, based on Utah's Early Childhood Core Standards, participants will learn how to effectively and appropriately foster preschooler's social and emotional development for school readiness. Areas of focus include: self-esteem, temperament, self-regulation, emotions, guidance, problem-solving, and social studies.	10	CAC Agencies	239

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Level 5-8 Endorsement	SP-E2	School Readiness Standards, Course 4: Additional Core Standards	In this course, based on Utah's Early Learning Guidelines, participants will learn how to effectively and appropriately foster preschooler's development in four additional core areas; Approaches to Learning, Science, Creative Arts, and Physical Development.	10	CAC Agencies	257
Level 5-8 Endorsement	SP-E3	Special Needs, Course 1: Working With Children	In this course participants will learn about working with children with special needs. Topics include introduction to inclusion, understanding disabilities, recognizing children's strengths and needs, and medical special needs.	10	CAC Agencies	123
Level 5-8 Endorsement	SP-E3	Special Needs, Course 2: Communication	In this course participants will learn about communicating in regards to children with special needs. Topics include building partnerships with families, community resources and supports, facilitating communication with children and families, encouraging speech and basic sign language.	10	CAC Agencies	121
Level 5-8 Endorsement	SP-E3	Special Needs, Course 3: Setting Up the Environment	In this course participants will learn how to set up the environment to maximize success when working with children who have special needs. Topics include creating an accessible environment, arranging the environment for learning, increasing the playability of toys and materials, using routines to teach, and teachable moments.	10	CAC Agencies	122
Level 5-8 Endorsement	SP-E3	Special Needs, Course 4: Teaching Techniques	In this course participants will learn the best teaching techniques to use when working with children who have special needs. Topics include individualizing lesson plans/activities, proactive techniques, guiding behavior/interventions, and implementation of successful inclusive programming.	10	CAC Agencies	120

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Level 5-8 Endorsement	SP-E9	Theory and Best Practices, Course 1: Maslow & Attachment Theory	If you've taken Advanced Child Development and are looking for the next step, this course is for you! In this course, participants will gain an understanding of Maslow's Hierarchy of Needs and how to apply it in real-life situations. Participants will also learn about the work of Mary Ainsworth and John Bowlby around Attachment Theory and how attachment affects development.	10	CAC Agencies	128
Level 5-8 Endorsement	SP-E9	Theory and Best Practices, Course 2: Erikson & Bronfenbrenner	In this course participants will learn about Erickson's life work and gain an understanding of his Psychosocial Development Theory. Participants will also learn about levels of Bronfenbrenner's Ecological Systems Theory and how to apply them to the child care profession.	10	CAC Agencies	129
Level 5-8 Endorsement	SP-E9	Theory and Best Practices, Course 3: Piaget & Brain Development	In this course participants will gain an understanding of Piaget's stages of cognitive development and why his core focus was about how people acquire, process and store knowledge. Participants will also learn how the brain develops and how they can support healthy brain development in everyday child care practices.	10	CAC Agencies	130
Level 5-8 Endorsement	SP-E9	Theory and Best Practices, Course 4: Gardner, Moral Development, Vygotsky and Montessori	In this course participants will learn about Maria's Montessori's influence on early childhood environments, Vygotsky's theories about scaffolding and the Zone of Proximal Development, the work of Kohlberg, Gilligan and Turiel around Moral Development Theory, and Gardner's Multiple Intelligences Theory.	10	CAC Agencies	127

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Level 1-3 Level 5-8	BCD, ACD-1,2,3,8	All About Two's	This course focuses on the unique needs of two year olds and how to be a successful two-year-old caregiver. Participants will learn how to promote language-cognitive-social and emotional development, and how to create an environment that supports two-year-old needs and caregiver sanity.	10	Kim Melville 801-526-9225 kmelville@utah.gov	378
Level 1-3	H,S, ACD-1	Asthma Friendly Child Care	In this course participants will learn what asthma is, what the signs of asthma are, and ways to reduce asthma triggers in their programs. They will also create an Asthma Action Plan, and learn what to do if a child has an asthma attack.	2.5	Kelly Baxter kabaxter@utah.gov	134
Level 5-8	SP	Help Me Grow: Social & Emotional Ages & Stages Questionnaire Training	PREREQUISITE: Participants must have completed the "Help Me Grow-Ages and Stages Questionnaire" class before they can take this class. In this course participants will learn that the overall well-being of children is directly related to their ability to successfully regulate their emotions and manage their social interactions in ways that are acceptable to themselves and others. They will become familiar with the Social/Emotional component of the Ages and Stages Questionnaire, and learn how they can partner with their local health department to help parents who have concerns about their children's social and emotional development.	10	CAC Agencies or Justin Knuckles jknuckles@utah.gov 801-584-8405	387

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Level 1-3	BDC, ACD-2	Back to the Basics: Methods in Playdough	In this course participants will learn methods of using playdough and skills that children will learn by implementing playdough into a best practice classroom. Come and explore the fun with us!	2.5	CAC Agencies	177
Level 1-3	BDC, ACD-2	Back to the Basics: Exploring Art	In this course participants will learn key art skills to use in teaching children how to enjoy art in the classroom. Emphasis will be on open-ended art projects, a variety of art tools, recipes for variety of paints and many activities to do with art.	2.5	CAC Agencies	218
Level 1-3	BDC, ACD-2	Back to the Basics: Building Blocks to Success	In this course participants will learn how adding blocks to different activity areas can help promote cognitive, social and large motor skills in play. Also, different types of block play will be taught to add creativity to the interest areas.	2.5	CAC Agencies	213
Level 1-3	BDC, ACD-2	Back to the Basics: Music in the Classroom	In this course participants will learn the value of music in the classroom. They will be taught techniques in teaching music to children and important reminders to know throughout singing time. Also, participants will learn fun and interactive songs that are easy for children to learn.	2.5	CAC Agencies	290
Level 1-3	BCD, ACD-6	Care About Childcare: What's it all About?	This course is an introduction to the Care About Childcare program. Participants will become familiar with the goals and process of Care About Childcare and gain confidence in their business as they learn about the Marketing page, Indicators and Criteria to work on throughout the process. If you are new to the CAC or if you are familiar with the program, this class would be great for everyone.	2.5	CAC Agencies	253

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Level 1-3	H,S, ACD-1,5	Child and Adult Care Food Program New Center Training	This training is used to prepare directors, cooks and providers to participate in CACFP nutrition program. Participants will learn about healthy food choices, portion sizes and overall nutritional needs for children of varying ages.	8	Louise Frey Louise.Frey@schools.utah.gov	393
Level 1-3	BCD, ACD-3,8	Principles of Child Development & Guidance	In this course participants will learn about the basic principles of child development and about developmental domains. They will focus on topics such as: observing and recording, infant/toddler/preschool children's needs, brain development, guidance, building self-esteem, and planning for group times/routines/transitions.	5	Sheila Anderson 801-675-1240 sheila.anderson@aggiemail.usu.edu	181
Level 1-3	BCD, ACD-2	Creating A Preschool Curriculum	In this course participants will learn how to plan and implement a developmentally appropriate curriculum. They will learn about child domains, room arrangement, how to create a curriculum web, how to create a lesson plan, and what a story stretcher is. They will also learn activities that support "whole child" learning in the areas of art, music and science.	5	CAC Agencies	135
Level 1-3	BCD, ACD-3	Developing A Community of Caring	This curriculum focuses on helping teachers and parents work together to support caring communities for the children in a childcare setting, as well as giving both sets of caregivers tools to teach children how to create a caring classroom community.	2.5	Pearl Garff 801-502-8302	364

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Level 1-3	BCD, ACD-3	Developing an Infant/Toddler Community of Caring	This curriculum focuses on helping teachers and parents work together to support caring communities for infants and toddlers in a childcare setting, as well as giving both sets of caregivers tools to teach children how to create a community of trust.	2.5	Pearl Garff 801-502-8302	365
Level 5-8	SP	Developing Your Center Child Care Business	In this course participants will go through a child care business planning process. They will address essential aspects of the child care business and learn how to make caring for children into a sustainable business venture. Topics include exploring business ownership, defining child care services, and promoting/managing/organizing your child care business.	40	not currently being offered	78
Level 5-8	SP	Developing Your Family Child Care Business	In this course participants will go through a child care business planning process. They will address essential aspects of the child care business and learn how to make caring for children into a sustainable business venture. Topics include exploring business ownership, defining child care services, and promoting/managing/organizing your child care business.	40	not currently being offered	87
Level 1-3	BCD, ACD 2	First Steps	In this course participants will learn to tune in to infants and toddlers-- to learn to read and respond to the variety of messages children send-- long before they have words to express themselves.	10	Alda Jones 801-578-2304	232

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Level 1-3 Level 5-8	BCD, ACD-2, SP	Growing Up Wild	This training represents best practices for nature education for children ages 3-7. It will help providers understand the importance of outdoor/nature education, activities to do, and ways to make it safe for children.	5	Charice Bordeaux charice@usee.org	222
Level 5-8	SP	Help Me Grow	In this course participants will learn how to use the developmental screening tool known as the Ages and Stages Questionnaire. They will learn how work with parents to help develop an understanding of child development, check to see if development is on track, identify children who might be at risk for developmental delay, and support children's development with learning activities.	10	CAC Agencies or Justin Knuckles jknuckles@utah.gov 801-584-8405	147 Spanish 102
Level 1-3	H,S, ACD-1	Is Your Childcare Ready? Disaster Preparedness For Childcare Settings	In this course participants will learn how to prepare for emergency situations, what to do in case of a disaster, and what to do once the danger has passed.	5	CAC Agencies	310

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Level 1-3	BCD, ACD-2, 8	KUED Ready to Learn	In this course participants will learn how to combine a visual representation of a real life experience, through the use of media, with literacy and hands-on activities to maximize learning experiences. Topics include Media Literacy, Child Development and Parenting Counts.	5	Elise Peterson 801-581-6163	70
Level 5-8	BCD, ACD-2, SP	Making Learning Fun	In this course participants will learn about best practices for early childhood programs. Topics include: effective teachers, play versus academics, project approach to curriculum development, art, cooking, the importance of outdoor play, dramatic play, and music	5	Sheila Anderson 801-675-1240 sheila.anderson@aggiemail.usu.edu	230
Level 1-3	H,S, ACD-1	Medication Administration	In this course participants will learn: how to identify different types of medication, why medication is given, and how it is given; improve medication storage, preparations and administration techniques; good documentation of medication administration; how to recognize and respond to adverse reactions to medication; how to develop appropriate policies about medication administration and implement them.	5	CAC Agencies	377

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Level 1-3	H,S, ACD-2	Stewards of Children	This is a sexual abuse prevention curriculum that trains participants to prevent, recognize, and react responsibly to sexual abuse.	2.5	Sandy Craft 801-326-4379 sandy@cssutah.org	144
Level 5-8	SP	Strengthening Families	This course teaches 5 research-based protective factors that have been demonstrated to diminish the likelihood of childhood abuse and neglect. Participants will learn to incorporate and build upon these factors in their daily work with parents.	20	CAC Agencies or Alda Jones ajones@tccslc.org	209
Level 1-3 Level 5-8	H,S, ACD-1, SP	Top Star	In this course participants will develop an understanding of how to prevent obesity in child care settings. They will learn how to develop policies that support mothers who choose to breast feed. They will also learn best practice regarding physical activity and nutrition for children in their care, and how to limit “screen time” in their programs.	10	Local Health Department or CAC agencies	110 Online 248
Level 5-8	SP	Unlocking the Creative Mind	In this course participants will learn the value of creative art, dramatic play, creative movement, music and dance, and the important roles they play in a young child’s life.	10	Crystal Knippers cknippers@weber.edu 801-626-8083	219
Level 1-3	BCD, ACD-2	Utah Kids Ready to Read	This course focuses on teaching providers about the five practices of getting ready to read: talking, singing, being read to, writing, and playing. Providers will gain an understanding of these concepts as well as activities to enrich these areas in their programs. Available in English and Spanish.	2.5	Lisa Cohne lcohne@media.utah.edu	372

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Level 1-3	BCD, ACD-2	UAEYC Play Shops	3 Higher Education Instructors will share simple but meaningful and research-based techniques to include the arts in everyday activities within the early childhood classroom. Dramatic Play, Music, Hands-on Art Experiences, STEM Activities, literature, puppet play, and other areas will be explored with attendees.	4	uaeyc.mail@gmail.com	268
Level 5-8	SP	What Do You Do with the Mad That You Feel	In this course participants will learn that controlling anger is a skill that children learn from their caregivers. They will develop an understanding of how to develop their own self-control, and examine ways to help children develop self-control. Lastly, they will learn strategies for intervention when children are overwhelmed with anger and frustration.	5	Crystal Knippers cknippers@weber.edu 801-626-8083	132
Level 5-8	SP	The Director's Toolbox, Course 1: Leadership in Action & The Right Fit	In this course, participants will learn qualities of good leadership, sharing power, and creating a quality center, as well as recruiting staff and finding a good match.	10	CAC Agencies	379
Level 5-8	SP	The Director's Toolbox, Course 2: From the Inside Out & Making the Most of Meetings	This course covers the power of reflection and self-awareness as it applies to setting direction for your center, as well as how to facilitate effective meetings.	10	CAC Agencies	380

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Level 5-8	SP	The Director's Toolbox, Course 3: A Great Place to Work & Inspiring Peak Performance	In this course, participants will learn how to shape the quality of work life for staff and build teacher competence, strengthen staff commitment, and expand opportunities for collaboration.	10	CAC Agencies	381
Level 5-8	SP	The Director's Toolbox, Course 4: Circle of Influence & Managing Legal Risks	In this course, participants will learn how to empower staff and make them vital partners in achieving center-wide goals, as well as prevent and manage problems with potential legal consequences.	10	CAC Agencies	382
Level 1-3	H,S, ACD-1	Center Childcare Licensing Rules Sections: 18-Napping, 23-Diapering, 24-Infant and Toddler Care Including CCDF 2016 Topics on: SIDS, Safe Sleep Practices, Prevention of Shaken Baby Syndrome and Abusive Head Trauma	This training is offered through Child Care Licensing. In each course participants will learn about the Child Care Licensing Rules for Home and Center Providers and how they can implement them in their program.	2.5	Kathleen Sanders ksanders@utah.gov	398
Level 1-3	H,S, ACD-1	Center Childcare Licensing Rules Sections: 11-Supervision and Ratios, 19-Child Discipline, 13-Parent Notification and Child Security Including CCDF 2016 Topics on: Emergency Preparedness, Caring for Children with Special Needs, and Recognizing Signs of Homelessness	This training is offered through Child Care Licensing. In each course participants will learn about the Child Care Licensing Rules for Home and Center Providers and how they can implement them in their program.	2.5	Kathleen Sanders ksanders@utah.gov	400

Career Ladder Level Credit	Career Ladder CDA Credit Type	Career Ladder Course Title	Career Ladder Course Description	Number of Hours	Taught By	Template ID (office use only)
Level 1-3	H,S, ACD-1	Center Child Care Licensing Rules Sections: 12-Injury Prevention, 20-Activities, 21-Transportation, and 22-Animals, Including CCDF 2016 Training Topics on: Building and Physical Premises Safety, Precautions when Transporting, and First Aid Information.	This training is offered through Child Care Licensing. In each course participants will learn about the Child Care Licensing Rules for Home and Center Providers and how they can implement them in their program.	2.5	Kathleen Sanders ksanders@utah.gov	401
Level 1-3	H,S, ACD-1	Center Child Care Licensing Rules Sections: 14-Child Health, 15-Child Nutrition, 16-Infection control, 17-Medication, Including CCDF 2016 Topics on: prevention of Infectious Diseases, Administration of Medication, Allergic Reactions, Handling and Storage of Hazardous Materials, Recognition and Reporting of Child Abuse, and Age Appropriate Feeding.	This training is offered through Child Care Licensing. In each course participants will learn about the Child Care Licensing Rules for Home and Center Providers and how they can implement them in their program.	2.5	Kathleen Sanders ksanders@utah.gov	402
Level 1-3	H,S, ACD-1	Center Child Care Licensing Rules Sections: 11-24 Including all 2016 CCDF Training Topics	This training is offered through Child Care Licensing. In each course participants will learn about the Child Care Licensing Rules for Home and Center Providers and how they can implement them in their program.	5	Kathleen Sanders ksanders@utah.gov	403

Career Ladder Level Credit	Career Ladder CDA Credit Type	Career Ladder Course Title	Career Ladder Course Description	Number of Hours	Taught By	Template ID (office use only)
Level 1-3	H,S, ACD-1	Home Child Care Licensing Rules Sections: 18-Napping, 23-Diapering, 24-Infant and Toddler Care, Including CCDF 2016 Topics on: SIDS, Safe Sleep Practices, Prevention of Shaken baby Syndrome and Abusive Head Trauma	This training is offered through Child Care Licensing. In each course participants will learn about the Child Care Licensing Rules for Home and Center Providers and how they can implement them in their program.	2.5	Kathleen Sanders ksanders@utah.gov	404
Level 1-3	H,S, ACD-1	Home Child Care Licensing Rules Sections: 11-Supervision and Ratios, 19-Child Discipline, 13-Parent Notification and Child Security Including CCDF 2016 Topics on: Emergency Preparedness, Caring for Children with Special Needs, and Recognizing Signs of Homelessness	This training is offered through Child Care Licensing. In each course participants will learn about the Child Care Licensing Rules for Home and Center Providers and how they can implement them in their program.	2.5	Kathleen Sanders ksanders@utah.gov	405
Level 1-3	H,S, ACD-1	Home Child Care Licensing Rules Sections: 12-Injury Prevention, 20-Activities, 21-Transportation, and 22-Animals, Including CCDF 2016 Training Topics on: Building and Physical Premises Safety, Precautions when Transporting, and First Aid Information.	This training is offered through Child Care Licensing. In each course participants will learn about the Child Care Licensing Rules for Home and Center Providers and how they can implement them in their program.	2.5	Kathleen Sanders ksanders@utah.gov	406

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Level 1-3	H,S, ACD-1	Home Child Care Licensing Rules Sections: 14-Child Health, 15-Child Nutrition, 16-Infection control, 17-Medication, Including CCDF 2016 Topics on: prevention of Infectious Diseases, Administration of Medication, Allergic Reactions, Handling and Storage of Hazardous Materials, Recognition and Reporting of Child Abuse, and Age Appropriate Feeding.	This training is offered through Child Care Licensing. In each course participants will learn about the Child Care Licensing Rules for Home and Center Providers and how they can implement them in their program.	2.5	Kathleen Sanders ksanders@utah.gov	407
Level 1-3	H,S, ACD-1	Home Child Care Licensing Rules Sections: 11-24 Including all 2016 CCDF Training Topics	This training is offered through Child Care Licensing. In each course participants will learn about the Child Care Licensing Rules for Home and Center Providers and how they can implement them in their program.	5	Kathleen Sanders ksanders@utah.gov	408
Levels 2 and 3, Levels 5-8	ACD-3 ACD-6 SP-E6	The Act of Mindfulness in a Hectic Environment	Using the latest research on the adult brain and practices to restore your balance and sense of humor, especially when your buttons get pushed, this training offers and engagingly memorable, enjoyable day of learning and relaxing, based upon an introduction into Emotional Intelligence. NAC approved.	3 or 6 hour option	Kimberlee and Frank Spillers kim@ghorizons.com	386

Career Ladder Level Credit	Career Ladder CDA Credit Type	Career Ladder Course Title	Career Ladder Course Description	Number of Hours	Taught By	Template ID (office use only)
Levels 2 and 3, Levels 5-8	ACD-5 ACD-6 SP-E4	Laws and My Business— Who Needs 'Em? Why Connecting with Your Policymakers Makes cents	You CAN make a difference! Learn the dos and don'ts of contacting the influential people in local, state, and federal government to make a difference for children. This session will teach engagement tools, identify the distinctions in local, state, and federal government, and who impacts which laws and policies for effective business advocacy.	3 or 6 hour option	Kimberlee and Frank Spillers kim@ghorizons.com	385
Levels 2 and 3, Levels 5-8	ACD-3, SP-E6	Who's Minding the Mind?	This training is offered by Global Horizons as a conference. Participants learn to support social and emotional wellness in the context of family, community, and culture so children can be successful in school and in life. This training focuses on building relationships through welcoming, understanding, comforting, and appreciating themselves and others. NAC approved.	3 or 6 hour option	Kimberlee and Frank Spillers kim@ghorizons.com	384
Levels 1-3, 5-8	H ACD-1 SP	Farm to Preschool	Providers will be trained on the Farm to Fork initiative. The initiative encompasses serving locally produced foods as well as growing a garden and offering nutrition based curricula, taste testing, field trips to farms, farmers' markets, community gardens and more. Participating in this training will help childcare providers positively influence the eating habits of the young children in their care.	1	Mary Ann Durrant maryann.durrant@s chools.utah.gov	423